

BALTIC ARTHROSCOPY CONFERENCE

2022.09.22-23

CADAVER PRECOURSE PLACE:

KU business incubator
Universiteto al. 19, Klaipeda 92295

CONFERENCE PLACE:

VICTORIA Hotel
S. Simkaus g. 2, Klaipeda 92128

ARTHROSCOPY CONFERENCE WITH SHOULDER CADAVER PRECOURSE

**ADDITIONAL
INFORMATION:**

Registration until 1st of September

REGISTRATION FEES

CONFERENCE ONLY:

LASTA member – 130 Eur
Non LASTA member – 180 Eur
Resident / nurse – 60 Eur

**CONFERENCE+
CADAVER PRECOURSE*:**

LASTA member – 580 Eur
Non LASTA member – 630 Eur

CADAVER PRECOURSE*:

450 Eur

*limited number of participants

REGISTRATION FEE

COVERS:

CME Credits: CONFERENCE – 8,
CADAVER PRECOURSE – 8.

Refreshments during the Congress

Dinner after the Conference

**CONTACT FOR
REGISTRATION:**

Tel.: 8 46 400002
Email: info@osteca.lt

FACULTY:

K. Eriksson MD, PhD Sweden
T. Piontek MD, PhD Poland
M. Pawlak MD Poland
R. Brzoska MD, PhD Poland
N. Sargiotis MD, Greece
A. Popescu MD, PhD, Romania
A. Mioduszewski MD PhD, Poland
P. Bakowski MD PhD, Poland
R. Gudas MD, PhD Lithuania
M. Fiodorovas MD, Lithuania
G. Pocius MD, Lithuania
L. Bazaras MD, Lithuania
E. Piesina MD, Lithuania
J. Belickas MD PhD, Lithuania

ORGANIZERS:

M. Fiodorovas MD (Chief of Orthopaedic
Department, Klaipeda Northway Medical Center)
I. Leilionaite Ziemele (Director of Klaipeda Northway
Medical Center)



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PROGRAMME

2022.09.22

CADAVER PRECOURSE

Moderator: M. Fiodorovas
Faculty: M. Pawlak, L. Bazaras

9.00-9.20	Registration at KU business incubator Lab.
9.20-9.30	Welcome words (M. Fiodorovas, S. Ratajczak)
9.30-10.30	Presentations
9.30-9.50	Arthroscopic Bankart repair. Tips and tricks (L. Bazaras)
9.50-10.10	SLAP repair. How I do it (M. Pawlak)
10.10-10.30	SSC repair. How I do it (M. Fiodorovas)
10.30-12.30	Lab session. Shoulder Instability (anterior, posterior, SLAP labrum repair, HS tenodesis)
12.30-13.30	Lunch
13.30-16.00	Lab session. RC (RC repair, LHB tenodesis, AC joint)
16.00-16.30	Summary

2022.09.23

CONFERENCE

7.30-8.40	Registration at VICTORIA Hotel
8.45-8.55	Welcome, Diana Bumelyte, Chief Executive Officer of Northway Medical Center
8.55-9.00	Welcome M. Fiodorovas, Chief of Orthopaedic Department, Klaipeda Northway Medical Center

KNEE SESSION. SAVE THE MENISCUS

Moderators: K. Eriksson, T. Piontek, R. Gudas

9.00-9.10	ESSKA announcement (K. Eriksson)
9.10-9.25	Past, Present, Future in „Save the Meniscus“ (T. Piontek)
9.25-9.40	Strategies of meniscus repair (A. Mioduszewski)
9.40-9.55	Repairing of the complex meniscus tears (P. Bakowski)
9.55-10.10	Meniscus repair. Outside-in technique (R. Gudas)
10.10-10.25	Meniscus repair. Inside-out. (N. Sargiotis)
10.25-10.40	Root tears – why they should be repaired (M. Fiodorovas)
10.40-10.55	Meniscus ramp lesions (G. Pocius)
10.55-11.10	Discussion
11.10-11.30	Coffee break

KNEE SESSION. LIGAMENTS

Moderators: A. Mioduszewski, N. Sargiotis, J. Belickas

11.30-11.45	My perfect ACL reconstruction (N. Sargiotis)
11.45-12.00	ACL- Anatomical reconstruction to ribbon technique. Are we talk about new approach? (T. Piontek)
12.00-12.15	Timing of ACL reconstruction and my preferred technique (K. Eriksson)
12.15-12.30	ITB tenodesis - to do it, or not to do it (P. Bakowski)
12.30-12.45	Arthroscopic Posterolateral Corner reconstruction. How I do it (A. Mioduszewski)

12.45-13.00	Management of multiligament/ knee dislocation in the emergency room and further planning (K. Eriksson)
13.00-13.10	Discussion
13.10-14.00	Luncheon
13.10-13.30	LASTA current affairs, president of LASTA L. Bazaras
14.00-15.00	Save the meniscus workshop (T. Piontek, M. Fiodorovas)

SHOULDER SESSION (INSTABILITY)

Moderators: M. Pawlak, R. Brzoska, E. Piešina

15.00-15.15	My perfect Bankart repair. Tips and Tricks (L. Bazaras)
15.15-15.30	DAS+remplissage (A. Popescu)
15.30-15.45	BLS technique in anterior instability treatment (R. Brzoska)
15.45-16.00	Arthroscopic Latarjet procedure with double button (M. Fiodorovas)
16.00-16.15	Arthroscopic Latarjet procedure. Why I do it arthroscopically (R. Gudas)
16.15-16.30	Open Latarjet. Why should it be done in an open way? (E. Piesina)
16.30-16.45	MDI. What to treat? (M. Pawlak)
16.45-17.00	Discussion
17.00-17.20	Coffee break

SHOULDER SESSION (RC PATHOLOGY)

Moderators: L. Bazaras, A. Popescu

17.20-17.35	Principles of RC repair (E. Piesina)
17.35-17.50	Massive RC repair (L. Bazaras)
17.50-18.05	Difficult subscap repairs (A. Popescu)
18.05-18.20	Irreparable cuff tears. What to do? (M. Pawlak)
18.20-18.35	Augmentation techniques in cuff repair (R. Brzoska)
18.35-18.50	Discussion
18.50	End of conference, certificates
19.00	Dinner