

BALTIC
ARTHROSCOPY
CONFERENCE

XIX

25.09.2026

KLAIPEDA

360° Around The Meniscus Tears & Shoulder *Instability*

LIVE OPERATIONS FROM LAB

CONFERENCE PLACE:

VICTORIA HOTEL, S. Simkaus g. 2, Klaipeda, 92128

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ORGANIZERS INFO



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INTERNATIONAL FACULTY



M. Pawlak



T. Kowalski



R. Smigelski



N. Koukoulis



A. Popescu



A. Masferrer



G. Vinagre



B. Marjanovic



I. Hrvatin



R. Gudas



L. Bazaras



M. Fiodorovas

REGISTRATION FEES*

CONFERENCE ONLY:

LASTA member
Non LASTA member
Rehab / Resident / Nurse

Early registration (until 01.09.2026)

150 €
200 €
100 €

Regular registration (02.09 – 25.09.2026)

200 €
250 €
120 €

Late registration (25.09.2026)

250 €
300 €
150 €

*REGISTRATION FEE COVERS:

CME Credits: CONFERENCE – 8,
Refreshments during the Congress
Dinner after the Conference

PLEASE NOTE: limited spots available

MORE INFORMATION:

Tel.: +370 46 400002
Email: info@osteca.lt

REGISTRATION FORM:

<https://forms.office.com/e/TJvUSEZ0D8>



19th BALTIC ARTHROSCOPY CONFERENCE

REGISTRATION

8:00 – 8:40 5th floor lobby in front of the TUMA Conference Hall

360° AROUND THE MENISCUS TEARS

9:00 – 10:15 Meniscus session I

10:15 – 11:00 Coffee break

11:00 – 13:45 Meniscus session II

LUNCHEON

13:45 – 14:30 1st floor, Baltasis Zirgas restaurant

360° AROUND THE SHOULDER INSTABILITY

14:30 – 16:45 Shoulder session I

16:45 – 17:30 Coffee break

17:30 – 18:30 Shoulder session II

18:30 End of conference, certificates

360° AROUND THE MENISCUS TEARS

Moderators: N. Koukoulas, A. Masferrer, R. Gudas

9:00 – 9:15	Meniscus anatomy. (R. Smigielski)
9:15 – 9:30	Horizontal meniscus tears. How I deal with it. (R. Gudas)
9:30 – 9:45	Meniscus root tears. (M. Fiodorovas, F. Fiodorovas)
9:45 – 10:15	Live from lab. Meniscus root reconstruction with centralization. (N. Koukoulas)
10:15 – 11:00	Coffee break.
11:00 – 11:15	Radial meniscus tears. (N. Koukoulas)
11:15 – 11:45	Live from lab. Radial meniscus tear reconstruction tips and tricks. (M. Pawlak)
11:45 – 12:00	Flap tear. Save or resect? (L. Bazaras)
12:15 – 12:30	Meniscus transplantation. (A. Masferrer)
12:30 – 12:45	How to deal with complex meniscus tears. My approach. (G. Vinagre)
12:45 – 13:00	Tips to improve lateral meniscus repairs. (G. Vinagre)
13:00 – 13:30	Live from lab. Meniscus reconstruction with graft. (A. Masferrer)
13:30 – 13:45	Rehab after meniscus reconstruction. (I. Hrvatin)
13:45 – 14:00	Discussion
14:00 – 14:30	Luncheon.

360° AROUND THE SHOULDER INSTABILITY

Moderators: B. Marjanovic, A. Popescu, T. Kowalski

14:30 – 14:45	Is there place for Bankart repair? (M. Pawlak)
14:45 – 15:00	Slap tears. (T. Kowalski)
15:00 – 15:30	Live from lab. DAS + Bankart. (A. Popescu)
15:30 – 15:45	When additional HS remplissage needed. (B. Marjanovic)
15:45 – 16:15	Live from lab. How I do slap repair. (T. Kowalski)
16:15 – 16:30	Posterior shoulder instability. (A. Popescu)
16:30 – 16:45	Product presentation. Workshops.
16:45 – 17:30	Coffee break.
17:30 – 18:00	Live from lab. Posterior labrum repair. Tips and tricks. (B. Marjanovic)
18:00 – 18:15	Rehab after shoulder instability repair. (I. Hrvatin)
18:15 – 18:30	Discussion
18:30	End of conference, certificates.

Photography and video

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